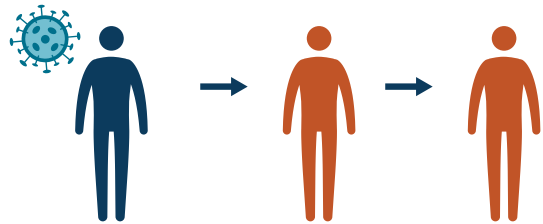


# WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS (COVID-19) ON YOUR DAIRY

## WHAT IS CORONAVIRUS DISEASE 2019 (COVID-19)?

A respiratory condition that can spread from person to person.



## WHAT ARE THE SYMPTOMS OF COVID-19?



Fever

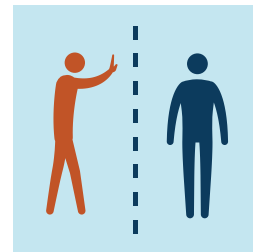


Cough



Shortness of breath

## WHAT CAN I DO TO HELP PROTECT MYSELF AND MY COWORKERS AT MY DAIRY?



Avoid close contact with sick people, both on and outside of your dairy.



Wash your hands before you eat after working in the milking parlor or other areas of the dairy.



When you get home after working in the dairy, always take a shower and wash your work clothes.



Avoid touching your eyes, nose and mouth if your hands have not been washed.



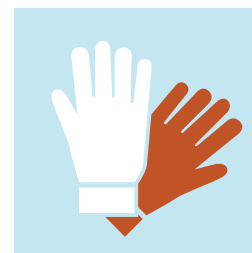
Always wear milking gloves.



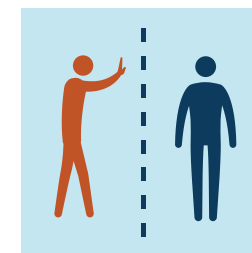
Keep tractors clean and disinfected.



Wash your hands frequently with soap and water for at least 20 seconds.



Constantly change milking gloves.



Keep social distance.

## IF YOU ARE SICK, TO PREVENT TRANSMITTING YOUR RESPIRATORY ILLNESS TO OTHERS, DO THE FOLLOWING:



Stay home if you're sick.



Cover your nose and mouth with a disposable handkerchief when coughing or sneezing, then throw it away.



Frequently clean and disinfect the objects and surfaces you touch.



Form emergency plans for your dairy in the event of an illness.